



MIDDLE YEARS PROGRAM

为期六周的亲子课程

Inspired by My Tween and Me

通过六周的课程，家长可获得教育小孩的技能 and 知识，加强与子女之间的关系和沟通，由此改善儿童的心理健康。讲者将与父母分享培养和增强儿童潜力的策略，让他们日后更有能力适应及面对各种压力。

题目包括:

- 儿童的健康成长
- 家庭关系和沟通
- 学校生活
- 小孩的朋辈关系
- 加拿大教育小孩的法律信息

报名及详情, 请联系:

婷婷 tingr@nsms.ca 或 Front Desk office@nsms.ca 604 988 2931

这是政府资助的免费项目。



**NORTH SHORE
MULTICULTURAL
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Highlights

- Develop skills for healthy parent-middle years children relationships
- Learn to develop communication skills with your child
- Parents will have the opportunity to meet other new immigrant families

This program is presented in Mandarin.

This program is open to newcomer parents and their children.

Location

Online via Zoom
Details provided upon registration.

Date & Time

Tuesdays (6 sessions)
September 21 – October 26
1:00pm - 2:30pm

Tel: 604.988.2931
Fax: 604.988.2960
Email: office@nsms.ca
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